

# Preparing for your visit to the Cancer Centre Plastic Surgery Clinic

You have been referred to the Cancer Centre of Southeastern Ontario (the Cancer Centre) at Kingston General Hospital by your family doctor or another specialist. At the Cancer Centre you will see a plastic surgeon and may have a minor surgical procedure. This information sheet will help you prepare for your visit to the Cancer Centre.

## Key Points

- If you have any questions about your appointment, call 613-549-6666 (toll free 1-800-567-5722) extension 7698.
- If you take blood thinner medications, phone 613-544-3310 then the plastic surgeon's office extension circled below. They will tell you if you need to stop your blood thinner medication before your appointment.

Dr. Davidson's office- extension 2117

Dr. McKay's office- extension 2494

Dr. Meathrel's office- extension 2393

Dr. Watkin's office- extension 2300

## Getting Here

**Address:** 25 King Street West, Kingston, Ontario

The Cancer Centre is located at Kingston General Hospital (KGH) in the Burr Wing of the hospital. The **two closest entrances** to the Cancer Centre are:

- The **George Street** entrance
- The **King Street** entrance

## Parking

- Allow extra time for parking. You can also get dropped off at the King Street entrance while the person with you parks.



## Parking (continued)

- Metered parking spaces are available in parking lots and on streets near the hospital. The closest parking to the Cancer Centre is on **George Street** or the **Richardson Beach** parking lot by Lake Ontario. The underground parking garage on Stuart Street is also available.

## Your Visit

- When you arrive at the Cancer Centre, go to the main reception desk on the first floor of the Burr Wing (Burr 1) to register.
- At this appointment you will meet a plastic surgeon and other members of the care team. The purpose of this visit is to get assessed by the plastic surgery team. You may also have a minor surgical procedure.
- Your appointment could last several hours. Try not to book other appointments on this day.

## What To Bring

- A family member or friend for support and to escort you home afterwards. Do not drive afterwards if you had a surgical procedure.
- Your Health Card
- A list of all your medications and dosages, including over-the-counter medication, vitamins, minerals and herbal supplements.
- Any medications you need to take during your visit, such as medications to manage diabetes.
- Any test results or other information your referring doctor gave you to bring to your appointment.
- Private health insurance information if applicable.
- Items to keep you entertained or snacks.
- Money for parking or to fill any possible prescriptions.

## Other Reminders

- If you speak a language other than English, use sign language, or are hearing impaired, we make our best effort to get a language interpreter for you. Please phone 613-549-6666 (toll free 1-800-567-5722) extension 4510 if you need an interpreter.
- KGH is a teaching hospital. During your visits you will likely meet doctors, residents, nurses, students and other members of the care team.

## Resources

You may want to visit the Patient and Family Resource Centre on the ground level of the Burr Wing (Burr 0). Here you can find information about different topics such as sun safety, health, and wellness. There is a collection of over 250 books, DVDs and audiobooks that can be borrowed for 3 weeks at a time.

### Recommended Websites:

#### Canadian Dermatology Association

[www.dermatology.ca](http://www.dermatology.ca)

- Education on sun protection and other aspects of skin health.

#### Canadian Cancer Society Website

[www.cancer.ca](http://www.cancer.ca)

- Current and reliable information about skin cancer for patients and families.